



DICED RED PEPPERS- Ingredients & Nutrition Facts

INGREDIENTS: Peppers, Water, Sugar, Salt, Citric Acid, Calcium Chloride

SHELF LIFE: 36 MONTHS

Product of Turkey

Nutrition Facts

Serving Size ½ cups (130 g)

Serving Per Container: Approx. 15

Amount Per Serving

Calories 30 Calories from Fat 0

% Daily Value *

Total Fat 0g 0%

Saturated Fat 0g 0%

Cholesterol 0mg 0%

Sodium 140mg 6%

Total Carbohydrate 4g 1%

Dietary Fiber 1g 4%

Sugars 2g

Protein 1g

Vitamin A 35% • Vitamin C 80%

Calcium 0% • Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium	Less than	3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4